

Resources for Families

SonShine Learning Center is located in Northern Dakota County, here are some nearby resources for families

Early Intervention/Early Childhood Special Education (ECSE)

ECSE provides special education services to children ages birth to Kindergarten. Settings include home, community and school-based early childhood programs.

Contact Information

website: www.helpmegrowmn.org

West Saint Paul/Mendota Heights/Northern Eagan(ISD 197): 651-403-7011

Fax: 651-403-7070

Early Childhood Screening (Preschool Screening)

It's important to have children screened at an early age so there is adequate time to obtain help for any identified concerns before the child enters school.

Children are expected to be screened prior to participation in the Pre-Kindergarten Program. State law requires that all children must be screened before starting kindergarten. Screening includes:

- Vision and hearing checks
- height and weight measurements
- social/emotional, development, and speech screenings
- Review of immunizations and health information
- Summary interview

The school district offers this screening at no cost for families with children 3,4,5 years old.

To schedule an appointment call

West Saint Paul/Mendota Heights/Northern Eagan(ISD 197): 651-403-7635

Early Childhood Family Education (ECFE)

Northern Dakota County Early Childhood Family Education offers a variety of parent and early childhood education for families with children between birth and kindergarten age. ECFE is based on the idea that the family provides a child's first and most important learning environment, and parents are a child's first and most significant teachers. ECFE works to strengthen families and enhance the ability of all parents to provide the best possible environment for the healthy growth and development of their children.

Contact Information

West Saint Paul/Mendota Heights/Northern Eagan(ISD 197): 651-403-8353

Head Start

Early Head Start is for families with children age birth to 3 years and/or pregnant women. Each week a home visitor meets with the family. Activities promote the child's physical, social, emotional, cognitive and language skills. Provides expectant families with information on prenatal health. If a family stays in Early Head Start until the child turns 3, they assist with making the transition into Head Start or another preschool setting.

Head Start provides preschool learning activities. No fees, ages 3 to school age, for low-income families.

Website: www.capagency.org
Phone: 651-322-3500

Low-cost Dental Services

Metro Dental
Phone: 612-866-0616

Helping Hands Dental
Phone: 651-224-7561

Children's Dental
Phone: 612-746-1530

www.dakotacounty.us

search: "Dental Services"

Low-cost Health Care Resources

Dakota Child and Family Clinic
Web: www.dakotachildandfamily.org
Phone: 651-209-8640

St. Mary's Clinic
Web: www.stmaryshealthclinics.org
Phone: 651-287-7777

Westside Community Health Services
Web: www.westsidechs.org
La Clinica: 651-222-1816
Eastside Family: 651-772-9757

www.health.state.mn.us

search: "low cost health resources"

Employment and Economic Assistance

Financial Assistance, prenatal care initiative, Emergency Assistance, Food Stamps, **Child Care Assistance, MN Family Investment Program**, and Refugee Assistance Program

Dakota County

Web: www.co.dakota.mn.us

Phone: 651-554-5611

Cap Agency

Web: www.capagency.org

Phone: 651-322-3550

MinnesotaCare

Web: www.dhs.state.mn.us

Phone: 651-554-5611

Early Education Scholarships

Think Small

Phone: 651-641-6604 or 855-898-4465

Email: scholarships@thinksmall.org.

Dakota County Public Health

Phone (General Information): 651-554-6100

Phone (Intake Line): 651-554-6115

Web: www.dakotacounty.us/PublicHealth

Mental Health Providers

Associated Clinic of Psychology (ACP)

In-Home and Clinic Based

Web: www.acp-mn.com

Phone: 612-925-6033

Family Adolescent Children's Therapy Services (FACTS)

In-Home, Clinic Based, and Day Treatment; grant to serve uninsured/underinsured

Web: www.facts-mn.org

Phone: 651-379-9800

Twin Cities Play Therapy

Clinic-Based

Phone: 651-452-2305

Web: www.twincitiesplaytherapycenters.com