

## Early Childhood Family Education

### Saint Paul, Minnesota

**Online registration begins July 1, 2014 for Fall classes starting September 9, 2014.**

Saint Paul Early Childhood Family Education (ECFE) offers parent and early childhood education for families with children between birth and kindergarten age. ECFE is based on the idea that the family provides a child's first and most important learning environment, and parents are a child's first and most significant teachers. ECFE works to strengthen families and enhance the ability of all parents to provide the best possible environment for the healthy growth and development of their children.

#### **CONTACT INFORMATION** Early Childhood Family Education

Phone: 651-793-5410

Fax: 651-793-5411 1845 Sheridan Avenue Saint Paul, MN 55116

## Early Childhood Special Education

<http://specialed.spps.org/ECSE>

(ECSE) in the St. Paul Public Schools provides special education services to children ages birth to kindergarten. Settings including home, community and school-based early childhood programs.

**MAIN OFFICE**, 360 Colborne St. Saint Paul, MN 55102

**Phone: 651-767-8329**

## Head Start

Head Start helps families with low incomes by encouraging financial independence for parents, and helps to improve the health and social skills of children from birth to age five. Head Start provides early childhood classes, parent involvement, and health and social services

for children and their families. Head Start is offered throughout Minnesota. Contact the Minnesota Department of Education at **651-582-8412** for more information.

## St Paul Promise Neighborhood Early Learning Scholarship

The St Paul Promise Neighborhood Early Learning Scholarships give families financial support to help pay for high-quality early childhood education to prepare their young children for school.

#### **Who can be in the program?**

- Families who live in the Promise Neighborhood (Frogtown, Summit-University in St Paul),
- Families with a child who are preschool age, and
- Families who income eligible may qualify.

#### **What services will families receive?**

- Information about choosing quality early care and education.
- Help pay for high-quality early care and education.

#### **How can families get into the program?**

To be placed on the waiting list for a scholarship, families can download the application and entry indicators form below and mail them to: SPPN Scholarships, Think Small, 10 Yorkton Court, St Paul MN 55117

If you have questions about the SPPN Scholarship, please call **651-641-6604**

## State Early Learning Scholarships

The State Early Learning Scholarships give families financial support up to \$5000 to help pay for high-quality early care and education to prepare their young children for school.

Due to limited resources, Minnesota State Early Learning Scholarships will be distributed on a priority-basis. Priorities include the county in which the family resides, whether the parent is under 21, the early childhood program chosen by the parent and/or whether the child has a previous scholarship. If you have questions, please contact Think Small at please call **651-641-6604 or 855-898-4465 or email [scholarships@thinksmall.org](mailto:scholarships@thinksmall.org).**

For scholarship information available in other languages, call 651-665-0150 or 1-866-807-6021

## Early Childhood Screening

It's important to have children screened at an early age so there is adequate time to obtain help for any identified concerns before the child enters school.

Children are expected to be screened prior to participation in the Pre-Kindergarten Program. State law requires that all children must be screened before starting kindergarten. Screening includes:

- Vision and hearing checks
- Height and weight measurements
- Social/emotional, development, and speech screenings
- Review of immunizations and health information A summary interview

The school district offers this screening at **no cost** to families for children ages 3, 4 or 5 years old.

**To schedule an appointment, call the Early Childhood Screening office at 651-632-3746**

## HELP ME GROW

If you have concerns about the development of your child including behavior problems or mental health concerns, (birth to

5 years of age) there may be services available for your child and family. Call Help Me Grow Ramsey County at

651-604-3700

## Help Me Grow 651-604-3700

If you have questions or concerns about your baby or your child's development, call the St. Paul and North Suburban Help Me Grow Office and make a referral.

## When to call Help Me Grow:

If a baby or young child has a suspected medical diagnosis that slows the child's development; or any of the following:

- ◇ Complications of prematurity
- ◇ Delays in meeting developmental milestones
- ◇ Short attention span
- ◇ Unintelligible speech
- ◇ No speech/few words compared to peers
- ◇ Hearing or vision concerns
- ◇ Testing positive for drugs at birth
- ◇ Lack of eye contact
- ◇ Behavioral concerns or mental health concerns
- ◇ Unusual or repetitive play behavior

## Services provided:

- Evaluate to learn if your child needs help
- Refer and coordinate services
- Help you understand Parent's Rights to services
- Inform your family of options so the best choice can be made
- Help with an Individual Family Service Plan (IFSP)
- Connect your family with other families who have children with special needs and other support groups
- Inform your family of advocacy groups
- Provide your family with information about child development
- Help your child prepare for school

<http://helpmegrowramseyco.org/>

## Dental Resources

**Dental Directory:** <http://minnesota-low-cost-health-care-directory1.friendshelpingfriends.aidpage.com/>

Give Kids a Smile is a way for dentists to join with others in the community to provide dental services to underserved children.

## Local Clinics:

Century College Dental Clinic,  
3300 Century Ave N,  
White Bear Lake, MN 55110  
**651-779-5787**

## University of Minnesota, School of Dentistry

515 Delaware Street  
Minneapolis, MN 55455  
**612-625-7171**

## Helping Hands Health Center

506 W. 7th St.  
St. Paul, MN 55102-3006

651-224-7561

## Model Cities Health Clinic

409 North Dunlap St  
St. Paul, MN 55104-4201  
651-290-9200

## Community Dental Care

*St. Paul Clinic*  
828 Hawthorne Ave. East  
St. Paul, MN 55106  
651-774-2959

## Westside Dental Clinic

478 South Robert Street  
St. Paul, MN 55107.  
651-602-7575

## Child Care Assistance Program

The State offers direct financial help to families with lower incomes. We encourage you to call your local child care assistance office listed below if you think you may qualify.

**Think Small**, 10 Yorkton Court St. Paul, MN 55117 651-641-6665

County	Child Care Assistance Program	MFIP, DWP, or Transition Year programs
Hennepin	612-348-5937	612-596-1300
Ramsey	651-641-6665	651-266-4444

## Medical Assistance for Children ages 0-18

No monthly premium payment is required for comprehensive health care coverage. Apply online at [www.BridgetoBenefits.org](http://www.BridgetoBenefits.org)

**Send or deliver your completed application to:**

**Ramsey County Human Services**

160 E. Kellogg Blvd. St. Paul, MN 55101

651-266-4444

Often, children in a family qualify for Medical Assistance and the parents qualify for MinnesotaCare.

**Women, Infants and Children (WIC)**

WIC food vouchers can be used to purchase infant formula, milk and other specified foods at participating stores within a defined time period.

**Call to set up a certification appointment (651) 266-1300**

St. Paul - Ramsey County Public Health

555 Cedar Street St. Paul, MN 55101

**Supplemental Nutrition Assistance Program (SNAP)**

Your SNAP benefit will vary based on your income and expenses. Your county will determine your benefit amount. Your SNAP benefit is issued monthly on an Electronic Benefit Transfer (EBT) card that is used like a credit card to purchase food at participating stores. Apply online at [www.BridgetoBenefits.org](http://www.BridgetoBenefits.org)

**Send or deliver your completed application to:**

**Ramsey County Human Services**

160 E. Kellogg Blvd.

St. Paul, MN 55101

Phone: **651-266-4444** Fax: 651-266-4439

**Assistance Agencies - For help with applying contact:**

**Second Harvest Heartland - Ramsey County**

1140 Gervais Avenue

Saint Paul, MN 55109

651-484-5117, ask for the SNAP outreach person in your county.

888-339-3663

**Support for low-income Ramsey County residents**

Financial Assistance determines eligibility for programs in: *Child Care, Food Support, General Assistance, Medicaid, Minnesota Family Investment Program (MFIP)* call **651-266-4444**.

*Apply in person for Cash or Food Support assistance or Use EZ Info telephone system in English, Español, Lus Hmoob (Hmong), and af Soomaali to hear and leave messages.*  
**651-266-3800**

Visit [Bridge to Benefits](http://www.BridgetoBenefits.org) for a screening tool, to find out if you may qualify for benefits. [www.BridgetoBenefits.org](http://www.BridgetoBenefits.org)

**Ramsey County Public Health: General Information**  
651-266-2400