

Early Childhood Family Education

http://ecfe.mpls.k12.mn.us/class_information

Minneapolis ECFE builds and supports the skills and confidence of parents with children birth to kindergarten. We provide a safe educational environment that promotes the healthy growth and development of young children and their parents. Classes are taught by licensed early childhood and parent educators.

Minneapolis ECFE uses:

- The Minnesota Early Childhood Indicators of Progress
- Parent Education Core Curriculum Framework
- SEEDS of School Readiness Emergent Literacy

Minneapolis ECFE, 2410 Girard Avenue North

Minneapolis, MN 55411 Phone: 612-668-2127

Email: mpls.ecfe@mpls.k12.mn.us

Early Childhood Special Education

Early Childhood Special Education (ECSE) serves students from birth to kindergarten identified as having a Developmental Delay (DD) or other disability. Screening for ECSE evaluation is available by calling 612.668.3715. Eligibility is determined through evaluation by Minneapolis Public Schools. ECSE services are offered in the community, homes, child-care sites and schools throughout the District. Call 612.668.5100 for more information.

http://ece.mpls.k12.mn.us/early_childhood_special_education

HELP ME GROW 1-866-693-GROW

Minnesota's Infant and Toddler Intervention services are designed for children birth to three years of age who may be experiencing delays in their development for a variety of reasons, including special

health conditions. Services are designed to meet the unique needs of each child and their family. Accessing these services as early as possible will ensure the best developmental outcomes for the child. These services are offered at no cost to the family.

Parents can call 1-866-693-GROW (4769) if they have questions or concerns about their child's development. Visit the [Parents know website](http://www.parentsknow.state.mn.us/parentsknow/Newborn/HelpMeGrow_SpecialNeeds/index.html) to make a referral. http://www.parentsknow.state.mn.us/parentsknow/Newborn/HelpMeGrow_SpecialNeeds/index.html

Head Start 612.374.0701

Head Start is a program designed to give low-income preschool children a developmental edge when entering kindergarten. Although the basic elements of Head Start are regulated through federal Head Start Program Performance Standards, grantees and parents can design their individual programs to best meet the needs of the families in the local communities. <http://www.picaheadstart.org/locations/index.html>

State Early Learning Scholarships

The State Early Learning Scholarships give families financial support up to \$5000 to help pay for high-quality early care and education to prepare their young children for school.

Due to limited resources, Minnesota State Early Learning Scholarships will be distributed on a priority-basis. Priorities include the county in which the family resides, whether the parent is under 21, the early childhood program chosen by the parent and/or whether the child has a previous scholarship. If you have questions, please contact Think Small at **651-641-6604 or 855-898-4465 or email scholarships@thinksmall.org**.

For scholarship information available in other languages, call 651-665-0150 or 1-866-807-6021

Early Childhood Screening Phone: 612.668.3715

Early Childhood Screening is a process that supports children being ready for kindergarten. The program helps find children with possible health or developmental concerns that may impact learning. The process includes a check of vision and hearing, child development and a review of the child's health. The program helps families access services for their children that will help them to be ready for kindergarten.

Early Childhood Screening offers two programs: 3-5 Early Childhood Screening for all children prior to kindergarten entrance and Birth-2 Central Intake for families who are concerned about how their child is developing.

Minneapolis Public Schools recommends that children be screened at age 3. To schedule an appointment:

Call 612.668.3715 or

email earlychildhoodscreening@mpls.k12.mn.us

NAZ: North Side Achievement Zone

<http://northsideachievement.org/>

To participate in NAZ, you must live within the boundaries of our geographic [Zone](#) within North Minneapolis and have children from pre birth to age 18. Once you enroll, you'll receive one-on-one support, guidance and inspiration from a [NAZ Connector](#) "family coach" who will help you create goals for your family, find resources to reach your goals, and then stick with it.

Call 612.521.4405 to Enroll

Hennepin County Public Health Services

<http://www.hennepin.us/residents/health-medical/clinics-services>

NorthPoint Health & Wellness Center offers medical care, dental care, behavioral health, and community-based services, all in one north Minneapolis location. We also provide many supportive services including health education classes, transportation assistance, interpreters, health advocates, cancer screenings, pharmacy and pregnancy support.

Appointments Call 612-543-2500.

Location 1313 Penn Avenue North, Minneapolis, MN 55411

Dental Directory: [http://minnesota-low-cost-health-care-](http://minnesota-low-cost-health-care-directory1.friendshelpingfriends.aidpage.com/)

[directory1.friendshelpingfriends.aidpage.com/](http://minnesota-low-cost-health-care-directory1.friendshelpingfriends.aidpage.com/)

Give Kids a Smile is a way for dentists to join with others in the community to provide dental services to underserved children.

University of Minnesota, School of Dentistry

515 Delaware Street

Minneapolis, MN 55455

612-625-7171

Normandale Community College Dental Hygiene Clinic

9700 France Ave. South

Bloomington, MN 55431-4309

952-487-7020 Option 1

Model Cities Health Clinic

409 North Dunlap St

St. Paul, MN 55104-4201

651-290-9200

NorthPoint Health & Wellness Center

1313 Penn Ave. North
Minneapolis, MN 55411-3047
612-302-4600

Sharing and Caring Hands

425 North 7th St.
Minneapolis, MN 55405
612-338-4640

Child Care Assistance Program

The State offers direct financial help to families with lower incomes. We encourage you to call your local child care assistance office listed below if you think you may qualify.

<http://www.hennepin.us/residents/human-services/child-care-assistance>

County	Child Care Assistance Program	MFIP, DWP, or Transition Year programs
Hennepin	612-348-5937	612-596-1300
Ramsey	651-641-6665	651-266-4444

Medical Assistance for Children ages 0-18

No monthly premium payment is required for **comprehensive health care coverage**. Apply online at <http://www.hennepin.us/residents/health-medical/health-care-assistance> or call the Hennepin County Managed Health Care Office 612-596-8860

MNsure

Coverage began in January 2014. You can apply and shop online for healthcare coverage by visiting Mnsure.org or by calling 1-855-3MNsure (1-855-366-7873) for more information, including the names of community agencies that can help you apply or provide language assistance.

There are self-service computers available for people to apply for MNsure at Hennepin County human services office locations.

Supplemental Nutrition Assistance Program (SNAP)

<http://www.hennepin.us/residents/human-services/cash-assistance>

Your SNAP benefit will vary based on your income and expenses. Your county will determine your benefit amount. **Your SNAP benefit is issued monthly on an Electronic Benefit Transfer (EBT) card that is used like a credit card to purchase food at participating stores.** Complete the Combined Application Form <https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e1s1> or call 612-596-1300 to have one mailed to you. You may also visit one of our Human Services offices. No appointment is necessary. Limited drop-in child care is available while you are completing your business in our offices.

- Century Plaza, 330 South 12th Street, Minneapolis MN 55404, M-F 7:30 a.m. to 5 p.m.
- Northwest Family Service Center, 7051 Brooklyn Blvd., Brooklyn Center, MN, 55429, M - F 7:30 a.m. to 4:30 p.m.

- VEAP Community Service Center, 9600 Aldrich Avenue South, Bloomington, M,T,W,F 8 a.m. to 4:30 p.m., Th 8 a.m. to 6:30 p.m.
- Human Services and Public Health Department - North Minneapolis, 1001 Plymouth Avenue North, Minneapolis, M-F 8 a.m. to 4:30 p.m.

Minnesota Family Investment Program (MFIP) 612-596-1300

We help families by providing a cash income supplement, helping with food support, child care costs, health care coverage, and employment services. Families may be referred when they first apply for assistance or after they finish four months of the diversionary work program. It can take up to 30 days to process an MFIP application. Benefits are limited to 60 months. MFIP supports work. The program provides help with child care costs and medical coverage, in some cases as long as a year after the family transitions out of the program. Income-earning families also may receive additional incentives. The program has 60-month lifetime limit.
<http://www.hennepin.us/residents/human-services/cash-assistance>

Children's mental health services Phone: 612-348-4111

Hennepin County's children's mental health service area coordinates an extensive network of assessment, treatment, and supportive services for children and teens with mental health needs. These services include diagnostic assessments, individual and family therapy, in-home counseling and skills training, day treatment, and case management.

Children's mental health services are aimed at supporting and improving children's emotional well-being and development, their relationships with family and friends, and their ability to get along with others and function effectively at home, in school, and in the community.

Mental health issues experienced by children include problems getting along with peers or adults, controlling anger or

aggression, managing worries or other troubling thoughts or feelings, being able to pay attention or focus, feeling sad or worthless, engaging in risky or self-injurious behavior, and coping with significant losses, traumas, or other major life events and changes.

SocialServices@Hennepin.us Phone: 612-348-4111

<http://www.hennepin.us/residents/health-medical/childrens-mental-health-services>

Women, Infants and Children (WIC) 612-348-6100

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a program for eligible families with young children, or a woman who is pregnant or breastfeeding, to purchase more healthy foods and help young families eat well and be healthy. Call 612-348-6100 for more information or to make an appointment at a WIC site near you or visit <http://www.hennepin.us/residents/health-medical/wic-women-infants-children>