

February 2019 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Protein Grain Carrot Sticks Plums
4 Pizza Cucumbers Apple Slices	5 Tacos Cheese and Tomatoes Fresh Melon	6 Baked Chicken Roasted Potatoes Veggie Medley Sliced Plums W.W.Bread	7 Spaghetti and Meat Balls Peas Mixed Fruit Breadstick	8 Protein Grain Carrot Sticks Melon
11 Pizza Fresh Broccoli Apples	12 Enchiladas Black Beans Fresh Melon	13 Pork Roast Sweet Potatoes Green Beans Pears Bread	14 White Chicken Pasta Mixed Fruit Breadstick Carrot Sticks	15 Chefs Choice Cuties Cucumbers
18 Pizza Cucumbers Apples	19 Tacos Tomatoes and Cheese Fresh Melon	20 Chicken Legs Rice Medley Peas and Carrots Pears Bread	21 Goulash Peas Mixed Fruit Breadstick	22 Protein Grain Fresh Broccoli Sliced Oranges
25 Pizza Fresh Broccoli Apples	26 Hamburgers Waffle Fries Zucchini Fresh Melon	27 Baked Ham Buttered Noodles Baked Beans Oranges W.W. Bread	28 Spaghetti and Meat Sauce Green Benas Mixed Fruit Breadstick	1 Protein Grain Carrot Sticks Fruit

All lunches include milk or soy milk. Breakfast includes cereal, fruit, milk or soy milk. Snack includes a grain, protein or dairy and a fruit or vegetable.