

*Milk is served with every meal

*Whole Grain served daily

Lunch Menu November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pork and Brown Rice Stir Fry with Veggies Fresh Fruit
4 Pizza Fresh Fruit Fresh Veggie	5 Chicken Tacos Tomatoes/Cheese Fresh Fruit	6 Tator Tot Hot Dish Mixed Veggies Fresh Fruit	7 Meatloaf Potatoes Green Beans Fresh Fruit	8 Hearty Chicken Soup with Veggies Fresh Fruit Crackers
11 Pizza Fresh Fruit Fresh Vegetable	12 Cheese Enchilada Corn Fresh Fruit	13 Pasta and Meat Sauce Peas Fresh Fruit	14 French Toast Bake Green Beans Fres Fruit	15 Hamburgers Curly Fries Carrots Fresh Fruit
18 Pizza Fresh Fruit Fresh Vegetable	19 Beef Tacos Tomatoes/Cheese Fresh Fruit	20 Sloppy Joes Mixed Veggies Fresh Fruit	21 Baked Ham Yams Fresh Fruit Bread	22 Tomato Soup Cheese Sandiwch Fresh Fruit
25 Pizza Fresh Fruit Fresh Vegetable	26 Baked Chicken Rice Green Beans Fresh Fruit	27 Lasagna Fresh Fruit Corn	28 SonShine Closed	29 SonShine Closed