

*Milk is served with every meal

*Whole Grain served daily

Lunch Menu January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
30 Pizza Fresh Fruit Fresh Veggie	31 Baked Chicken Rice Green Beans Fresh Fruit	1 CLOSED FOR NEW YEARS	2 Baked Ham Bread Yams Fresh Fruit	3 Meatless Chilli Ham Sandwich Fresh Fruit
6 Pizza Fresh Fruit Fresh Veggie	7 Chicken Breast Carrot Sticks Fresh Fruit Breadstick	8 Pasta & Meat Sauce Peas Fresh Fruit	9 Tater Tot Hotdish with Chicken Crackers Mixed Veggies Fresh Fruit	10 Beef Tacos Tomatoes and Cheese Fresh Fruit
13 Pizza Fresh Fruit Fresh Veggie	14 Pork Roast Potatoes Bread Green Beans Fresh Fruit	15 Sloppy Joe Casserole Bread Corn Fresh Fruit	16 Pulled Pork Sandwich Broccoli Fruit	17 Beef Tacos Tomatoes and Cheese Fresh Fruit
20 Pizza Fresh Fruit Fresh Veggie	21 Baked Ham Bread Green Beans Fresh Fruit	22 Lasagna Casserole Carrots Fresh Fruit	23 Broccoli Ham Rice Casserole Fresh Fruit	24 Chilli Crackers Fresh Fruit
27 Pizza Fresh Fruit Fresh Veggie	28 Chicken Legs Rice Corn Fresh Fruit	29 Egg and Sausage Bake with bread crust Peas Fresh Fruit	30 Chicken and Rice Casserole Green Beans Fresh Fruit	31 Tomato Soup Cheese Croissant Fresh Fruit