

*Soy milk served with every meal
 *Whole grain served daily

December 2019 Luther Vegan Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2 Vegan Pizza Fresh Fruit Fresh Vegetable	3 Vegan "Meat" Tacos Tomatoes Fresh Fruit	4 Pasta and Vegan Meat Sauce Fresh Fruit Fresh Veggie	5 Veggie Patties Whole Wheat Patty Potatoes Fresh Fruit	6 Veggies and Tofu Rice Fresh Fruit
9 Vegan Pizza Fresh Fruit Fresh Vegetable	10 Tofu Tocos Tomatoes Fresh Fruit	11 Tator Tot Hot Dish Whole Wheat Bread Mixed Veggies Fresh Fruit	12 Veggie Patties Whole Wheat Bread Potatoes Fresh Fruit	13 Bean and Veg Soup Fresh Fruit Crackers
16 Vegan Pizza Fresh Fruit Fresh Vegetable	17 Vegan Enchilada Corn Fresh Fruit	18 Pasta and Non-meat Sauce Peas Fresh Fruit	19 Chana Masala Basmati Rice Veggie Fresh Fruit	20 Veggie Burgers French Fries Carrots Fresh Fruit
23 Vegan Pizza Fresh Fruit Fresh Vegetable	24 SonShine Closed	25 SonShine Closed	26 Chili Crackers Fruit and Vegetables	27 Beans and Rice Veggies Fruit
30 Vegan Pizza Fresh Fruit Fresh Vegetable	31 Dahl Basmati Rice Green Beans Fresh Fruit	1 SonShine Closed		