

Milk is served with every meal

## Lunch Menu April 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b> Pizza Fruit Vegetable	<b>5</b> Beef Tacos Tortilla Beans Fruit	<b>6</b> Ham Potato Salad Vegetable Roll	<b>7</b> Pea and Ham Macaroni Salad Fruit	<b>8</b> Fish Sticks Vegetable Fruit Bread
<b>11</b> Pizza Fruit Vegetable	<b>12</b> Pork Potatoes Vegetable Fruit Roll	<b>13</b> Hamburgers Fries Fruit	<b>14</b> Vegetable Pork Stir Fry Rice Fruit	<b>15</b> <b>CLOSED FOR GOOD FRIDAY</b>
<b>18</b> Pizza Fruit Vegetable	<b>19</b> Chicken Enchliadas Tomato and Cucumber Salad	<b>20</b> Blueberry French Toast Bake Sausage Vegetable Fruit	<b>21</b> Italian Chicken Rice Vegetable Fruit	<b>22</b> Egg Salad Sandwich Vegetable Fruit
<b>25</b> Pizza Fruit Vegetable	<b>26</b> Beef Tacos Shredded Lettuce Cheese and Tomatoes Fruit	<b>27</b> Pasta and Meatballs Vegetable Fruit	<b>28</b> BBQ Chicken Bread Potato Salad Watermelon Carrot Sticks	<b>29</b> Chicken Ranch Tortilla Wraps Vegetable Fruit

**Breakfast** consists of unflavored whole milk for children one year old, unflavored low-fat or fat-free milk for children older than two years old; a fruit; and one of the following whole grain cereals: Cherrios, Rice Chex, Corn Chex, Wheat Chex.

**Afternoon snack** consists of one grain, protein, or dairy product and one fruit or vegetable.

**Note:** non-dairy milk substitutes that are nutritionally equivalent to milk may be served in place of milk to children or adults with medical or special dietary needs. All hotdish and casserole dishes include rice or noodles. A protein like beans, veggie burgers, or tofu will be served in place of meat as needed for those who do not eat meat.