

Milk is served with lunch

Lunch Menu March 2024



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Black Bean Enchiladas Corn Bananas
4 Pizza Broccoli Oranges	5 Pork Roast Pasta Brussel Sprouts Pineapple	6 Meatloaf Potatoes Corn Apples Roll	7 Vegetable and Pork Stir Fry Rice Oranges	8 Egg Salad Sandwich Tomato Soup Melon
11 Pizza Carrots Mixed Berries	12 Chicken Tacos Lettuce, Tomato and Cheese Bananas	13 Beef Sheperd Pie Mixed Vegetables Pears	14 Chicken Curry Rice Peas Pineapple	15 Cheese Tortellini Corn Apples
18 Pizza Cucumbers Pineapple	19 Tator Tot Casserole Mixed Vegetables Apples Roll	20 Beef Tacos Lettuce, Tomato and Cheese Oranges	21 Turkey Sandwich Broccoli Mixed Berries	22 Mac and Cheese Baked Chicken Green Beans Melon
25 Pizza Carrot Oranges	26 Chicken Alfredo Pasta Broccoli Strawberries	27 Hamburger on a Bun Cucumbers and Tomatoes Pineapple	28 Meatsauce Pasta Corn Bananas	29 CLOSED FOR GOOD FRIDAY

Breakfast consists of unflavored whole milk for children one year old, unflavored low-fat or fat-free milk for children older than two years old; a fruit; and one of the following whole grain cereals: Cherrios, Rice Chex, Corn Chex, Wheat Chex.

Afternoon snack consists of one grain, protein, or dairy product and one fruit or vegetable.

Note: non-dairy milk substitutes that are nutritionally equivalent to milk may be served in place of milk to children or adults with medical or special dietary needs. All hotdish and casserole dishes include rice or noodles. A protein like beans, veggie burgers, or tofu will be served in place of meat as needed for those who do not eat meat.

Fresh Fruit - May vary depending on the time of year. This will consist of any of the following: Apples, Oranges, Pears, Nectarines, Bananas, Blueberries, Strawberries, Black or Red Berries and Melons.