

Milk is served with lunch

## Lunch Menu April 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Pizza Mixed Vegetables Oranges	<b>2</b> Chicken Chili Bananas Roll	<b>3</b> Pasta and Meatballs Corn Mixed Fruit	<b>4</b> Chicken Tacos Lettuce, Tomato and Cheese Plums	<b>5</b> Enchiladas Mixed Vegetables Pineapple
<b>8</b> Pizza Green Beans Plums/Mixed Fruit	<b>9</b> Beef Chili Apples Roll	<b>10</b> Tuna Sandwich Cucumbers and Tomatoes Plums	<b>11</b> Chicken Strips Tator Tots Mixed Vegetables Bananas	<b>12</b> Chicken Alfredo Pasta Peas and Carrots Oranges
<b>15</b> Pizza Carrots Apples	<b>16</b> Meatsauce and Pasta Corn Bananas	<b>17</b> Ham Potatoes Green Beans Pears Roll	<b>18</b> Turkey on a Croissant Cucumbers and Tomatoes Mixed Fruit	<b>19</b> Mac and Cheese and Ham Casserole Mixed Vegetables Apples
<b>22</b> Pizza Broccoli Berries	<b>23</b> Tator Tot Casserole Mixed Vegetables Oranges	<b>24</b> Meatloaf Parsley Potatoes Corn Pears Roll	<b>25</b> Beef Tacos Lettuce, Tomato and Cheese Melon	<b>26</b> Ham Sandwich Cucumber Salad Plums
<b>29</b> Egg Bake with Sausage Carrots Bananas	<b>30</b> Hamburger on a Bun Cucumbers and Tomatoes Oranges			

**Breakfast** consists of unflavored whole milk for children one year old, unflavored low-fat or fat-free milk for children older than two years old; a fruit; and one of the following whole grain cereals: Cherrios, Rice Chex, Corn Chex, Wheat Chex.

**Afternoon snack** consists of one grain, protein, or dairy product and one fruit or vegetable.

**Note:** non-dairy milk substitutes that are nutritionally equivalent to milk may be served in place of milk to children or adults with medical or special dietary needs. All hotdish and casserole dishes include rice or noodles. A protein like beans, veggie burgers, or tofu will be served in place of meat as needed for those who do not eat meat.

**Fresh Fruit** - May vary depending on the time of year. This will consist of any of the following: Apples, Oranges, Pears, Nectarines, Bananas, Blueberries, Strawberries, Black or Red Berries and Melons.