

Milk is served with lunch

## Lunch Menu December 2025

**SonShine**  
LEARNING CENTER

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Pizza Carrots Oranges	<b>2</b> Chicken and Rice Casserole Mixed Vegetables Berries	<b>3</b> Lasagna Mixed Vegetables Pineapple	<b>4</b> Hamburger on a Bun Cucumbers Bananas	<b>5</b> Soup Cheese Sandwich Mixed Fruit
<b>8</b> Pizza Broccoli Bananas	<b>9</b> Red Chili Quesadillas Apples	<b>10</b> Meatballs Potatoes Corn Oranges	<b>11</b> Chicken Alfredo Green Beans Berries	<b>12</b> Chicken Soup Tuna Sandwiches Peas Mixed Fruit
<b>15</b> Pizza Carrots Oranges	<b>16</b> Beef Tacos Lettuce, Tomatoes and Cheese Apples	<b>17</b> Ravioli Broccoli Berries	<b>18</b> Black Bean and Cheese Enchiladas Pears	<b>19</b> Soup Turkey Sandwiches Mixed Vegetables Mixed Fruit
<b>22</b> CLOSED	<b>23</b> CLOSED	<b>24</b> CLOSED	<b>25</b> CLOSED	<b>26</b> CLOSED
<b>29</b> Pizza Carrots Oranges	<b>30</b> Chicken Pasta Green Beans Bananas	<b>31</b> Hamburger on a Bun Broccoli Pineapple		

**Breakfast** consists of unflavored whole milk for children one year old, unflavored low-fat or fat-free milk for children older than two years old; a fruit; and one of the following whole grain cereals: Cherrios, Rice Chex, Corn Chex, Wheat Chex.

**Afternoon snack** consists of one grain, protein, or dairy product and one fruit or vegetable.

**Note:** non-dairy milk substitutes that are nutritionally equivalent to milk may be served in place of milk to children or adults with medical or special dietary needs. All hotdish and casserole dishes include rice or noodles. A protein like beans, veggie burgers, or tofu will be served in place of meat as needed for those who do not eat meat.