Lunch Menu

SONSHINE LEARNING CENTER

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pizza Broccoli Oranges	**3** Beef Tacos Lettuce and Tomato Fruit	**4** Beef Stew with Vegetables Fruit Bread	**5** Chicken Casserole Vegetable Fruit	**6** Ham Sandwich Vegetable Fruit
9 Pizza Zucchini Melon	**10** Hamburgers Broccoli Pears	**11** Chicken Potatoes Green Beans Oranges Roll	**12** Pasta and Meat Sauce Corn Bananas	**13** Turkey Sandwich Vegetable Fruit
16 Pizza Corn Oranges	**17** Stroganoff Pasta Green Beans Pears	**18** Chicken Drum Sticks Sweet Potatoes Apples Roll	**19** Enchiladas Broccoli Bananas	**20** Chili Berries Cheese Bread
23 Pizza Green Beans Melon	**24** Jambalaya Broccoli Oranges	**25** Chicken Wild Rice Soup Apples Roll	**26** CLOSED FOR THANKSGIVING 	**27** CLOSED FOR THANKSGIVING 

30	Pizza	Green Beans	Oranges

Breakfast consists of unflavored whole milk for children one year old, unflavored low-fat or fat-free milk for children older than two years old; a fruit; and one of the following whole grain cereals: Cherrios, Rice Chex, Corn Chex, Wheat Chex.
Afternoon snack consists of one grain, protein, or dairy product and one fruit or vegetable.
Note: non-dairy milk substitutes that are nutritionally equivalent to milk may be served in place of milk to children or adults with medical or special dietary needs. All hotdish and casserole dishes include rice or noodles. A protein like beans, veggie burgers, or tofu will be served in place of meat as needed for those who do not eat meat.